

RIO CLUB POLICY COMPETITIVE TEAM

FINANCES

- ❖ Monthly tuition is automatically collected on the 1st of each month
- Meet fees from the prior month are collected on the 15th of each month (you will get an invoice if you have accumulated any meet fees)
- Annual USA Swimming Registration fees apply
- * Your Family is Required to provide one volunteer for every "home" meet session that your child participates in. Some meets last more than one day and may consist of more than one session. Different rules apply each February when we host the Lost Dutchman Invite. This meet is so large it requires "all hands on deck" regardless if your child swims or not.
- **\$45 Meet Operations Fees** are assessed to families per session that you are either unable or unwilling volunteer. In this way all members are equally responsible for helping us run quality meets.

Practice Attendance Competitive Juniors

There are 2 practices per week offered during the Fall/Winter. The expectation is that swimmers will make both practices for the week. Swimmers based on their age and practice ability may be invited (after October) to a third practice, with Age Group I. In the Spring, following our season break, all Competitive Juniors will be moved up to Age Group I and will be expected to swim 3 to 4 times (based on swimmer's age) per week. There will be 5 practices offered per week in the spring. In the summer, 9-10 year olds will be asked to swim 4 to 5 times per week and the 7 & 8 year olds will continue to swim 3 practices per week. There are 6 practices offered per week in the summer.

Practice Attendance Age Group I

There are 4 practices offered a week during the Fall/Winter and 5 practices offered a week in the Spring. There are 6 practices per week offered over the summer. During the school year, the expectation is that all Age Group I swimmers make 4 practices per week and during the Summer they should try and attend all 6 practices except when a meet overlaps practice days. The minimum practice requirement is 3 practices per week.

Practice Attendance Age Group II

There are 6 practices offered a week. During the school year, the expectation is that all Age Group II swimmers make 5 practices per week and during the summer they should try and attend all 6 practices except when a meet overlaps practice days. The minimum practice requirement is 4 practices per week.

Practice Attendance Senior I

There are 6 practices offered throughout the year. Senior I swimmers are not expected to attend doubles. During the high school season, swimmers must communicate with both their HS and RIO coach their schedule. The minimum practice requirement is 4 practices per week with the understanding that in order to advance into Senior II, swimmers should be going above and beyond the minimum requirement.

Practice Attendance Senior II

There are 6 practices offered during the school year. Doubles (morning and afternoon) schedules are typical during school breaks (Winter and Summer). Senior II swimmers require coach approval to attend school-day mornings (not to be used as a replacement practice). During the high school season, swimmers must communicate with both their HS and RIO coach their schedule. The minimum attendance expectation is 85%. Swimmers must demonstrate dedication and consistency with their attendance and show maturity in communication before they are considered for advancement to Senior III.

Practice Attendance Senior III

There are 8-9 practices offered throughout the year. All swimmers are expected to attend at least 1 morning practice during the school week. During the high school season, swimmers must prioritize and maintain a regular attendance at club practice. The minimum attendance expectation is 90%. Swimmers must demonstrate the appropriate time management and communication expected of a elite-level swimmer and conduct themselves in a way that reflects their role on the team.

◆E-mail: info@rioswimteam.org ◆Web Site: http://www.rioswimteam.org

Required Practice Equipment

All Competitive Junior & Age Group I swimmers are required to have kickboards, fins, a Finis Frontline Snorkel and Duckie Fins at all practices. All Senior swimmers are required to have kickboards, fins, a Finis Frontline Snorkel, Duckie Fins, Pullbuoy and a pair of hand

paddles at the coaches recommendation. Please make sure your swimmer's name is on all equipment. Equipment can be purchased at EVO Swim School's Gilbert & Guadalupe location.

Meet Participation

Meets are an important part of competitive swimming. Meets give the coaches the opportunity to see how their swimmers are progressing, responding to training, making changes and adjustments to their strokes. Swimmers need to achieve or begin to achieve times that will move them forward into Championship and Invitational type meets. We encourage participation as often as possible throughout the season. Championship Meets at the end of the season (Regionals, State, Sectionals & beyond) are mandatory.

Meet Entries

The coaches enter all swimmers in their events for all meets. Prior to a meet, we send an e-mail out to the team with all the meet information. For local meets in and around the Phoenix area all qualified swimmers for meets are automatically entered in the meet. A deadline is set-up in the e-mail so if you cannot swim the meet or any part of the meet you must notify me via e-mail so you are not entered. Failure to notify us by the deadline will result in your swimmer being entered in the meet and you will be financially responsible for all meet fees. The swimmer would be a no show to the blocks at the meet. Entries cannot be changed once the deadline date has passed. We put the responsibility on the families to notify me via e-mail if your swimmer cannot compete in a meet since we can't begin to know every family's schedule.

For meets that are out of town (require hotel stay), NO ONE is automatically entered in the meet. Our e-mail will indicate that if you wish to attend the meet you must tell me via e-mail to enter your swimmer in the meet by the entry deadline set-up in my e-mail. Failure to notify us via e-mail will result in your swimmer not being entered in the travel meet.

Family Travel Versus Team Travel

We have two types of travel meets - family and team. A family travel meet is when the family must take care of traveling to the meet on their own, make all hotel arrangements (a block of rooms at a particular hotel will be set-up under the RIO name to get a discounted price) and take care of all meals. The coaches will be at the meet to take care of the swimmers. A Team travel meet is when the team makes all the arrangements for the trip. All team members attending the trip will travel with the team, stay in hotel rooms with their teammates, eat with the team, attend the meet & all meetings as a team and return home with the team. If travel by air is required families will be notified what flights to booked for their swimmers so all team members and coaches are on the same flights.

Both types of travel incur coaches travel expenses which may include transportation, per-diem, lodging, or other related expenses. These costs are divided evenly among the swimmers that attended the meet and invoice with the meet entry fees.

Communication

Please communicate with me about absences, out of town travel and any questions you might have or things that come up that you don't understand. We are usually available before and after practice and can always be reached through e-mail.

David Tait, Club Director david@rioswimteam.org

Bob Chen, Head Coach bob@rioswimteam.org

Melissa Ripley, Head Age Group Coach melissa@rioswimteam.org

Please don't hesitate to contact us should you have any questions.

◆E-mail: info@rioswimteam.org ◆Web Site: http://www.rioswimteam.org